

Nordic ARDF Championship 2011

## Nordisk Mesterskap i Radioorientering 2011

#### Bulletin 1 Nordic ARDF Championship 2011

The NRRL has the pleasure to invite all people interested in radio orienteering to the open Nordic ARDF Championship in Oslo 2011. The event is organized by Oslo Amateur Radio Club LA4O in cooperation with local orienteering clubs and LA-ARDF.

There will be held training and competition for youngsters and beginners in order to promote and make the sport attractive for young people from the age of 10 years.

The event centre will be in Oslo city with very good communication possibilities for local sightseeing to sites as the Holmenkollen Ski arena, parks and museums, or just a walking distance to the forest for training.

Date:	August 3-7, 2011		
Schedule:	Wednesday Thursday Friday Saturday	Registration for ch 2m Nordic Cham Evening party	pionship 80m youngsters
	Sunday	80m Nordic Char	npionship
Location:	Oslo, capital city of Oslo Event centre will be at the Haraldsheim Youth Hostel.		
Transport:	International flights to Gardermoen (OSL). Rygge (RYG) or Sandefjord (TRF) with train or bus to Oslo. Ferry from Denmark and Germany-Kiel.		
Competition rules:	Nordic ARDF rules based on Reg-1 ARDF competition rules. http://www.ardf.no/New/Details.asp?aid=47		
Registration:	Important! Intention to participate that will need accommodation at the event centre: May 15th 2011.		
	Registration Nordic ARDF championship: July 1 <sup>st</sup> 2011. Late registration (fee: +100NOK / competition) August 1 <sup>st</sup> 2011.		
Accommodation:	Haraldsheim Youth Hostel. Optional camping grounds or hotels.		
Estimated cost:	Youth hostel: 30-50 euro/night Competition: 200 NOK (appr 25 euro) two competitions - 2m and 80m Training: 60 NOK (8 euro) pr training		
Weather:	From 13C to 21C, usually dry and very good running temperature!		
Contact:	Event email: nordic@ardf.no		
	Jon Sletvold LA9NGA N Steinar Moen LA5OM, C Knut Heimdal LA6XI, A	•	jon.sletvold@vikenfiber.no stein-m3@online.no knut-ein@online.no
WEB:	http://www.ardf.no/ -> Nordic Championship		



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### About the competition

The region around Oslo has many orienteering maps that are approved by the Norwegian Orienteering Society.

The terrain is mainly hillsides covered with fir and spruce. Areas will be selected for the competition to challenge both orienteering and radio orienteering capabilities.

#### Maps and embargoed areas

NOF approved maps Scale: 1:10 000 Area: A4 (2.1 x 2.9km)



Restricted access for competitors to be understood that there are not allowed any orienteering or radio orienteering activity, training or competition in the following areas/maps:

Movatn, Nittedal Orienteering O-map Sandermose, Lillomarka Orientering

Areas are marked on the competition website www.ardf.no

#### Timing

EMIT EKT, electronic punching. (provided by the organiser).

#### Youth participants

We have decided to let the youngsters take part in the event as this is very important for recruitment to the sport. The courses will be adapted for the youngsters, and they are allowed to be shadowed if required. Three transmitters will be used and mainly located within visual distance from tracks.

Youth classes are divided into two: Beginners with permission to receive assistance before and during the course and intermediate class without assistance. Course length will be 1 to 1,5km.

#### Accommodation event centre

The event centre will be at the Haraldsheim Youth Hostel: <a href="http://www.haraldsheim.no/index.php?lang=EN">http://www.haraldsheim.no/index.php?lang=EN</a>

Booking of rooms shall be directed to the hostel. The organizing comity has reserved rooms for participants who have sent a letter of intent before May 15<sup>th</sup>.

#### Hotels and camping

There are several options for accommodation at other locations in Oslo. The organizing comity will be helpful to direct all accommodation requests. Please see the web page for information regarding alternative accommodation.



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### Next bulletin

Bulletin 2 will be released before June 1st in 2011

## Registration for accommodation – before May 15th

Registration shall be sent by email to: <u>nordic@ardf.no</u> with the following information:

I/we intend to participate in the Nordic Championship 2011 with accommodation at the event centre.

Name (s):

Nation:

Room options: \_\_\_\_\_

#### **Room/Rates**

Bed in shared 4-bedded room Single room 2-bed room Room without bathroom NOK 245,-NOK 415,-NOK 540,- Room with bathroom

NOK 270,-NOK 470,-NOK 625,-

## **Yours Sincerely**

Jon Sletvold LA9NGA

Norwegian ARDF Manager